

# ZONE ONE ARABIAN HORSE CLUB

December 2016

Volume 2, Number 12

## Dates to Remember:

AGM - tba



\*\*A huge thank-you to those that organized and contributed to the success of the Year End Banquetfood was awesome, silent auction fantastic and prizes were amazing! We should all be proud of our group!\*\*

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# Christmas Horse Muffins

### Ingredients:

3 cups oats

2 tablespoons of honey or molasses

2 cups of water

1 shredded apple

3 tablespoons of flour

2 tablespoons of brown or white sugar

small handful crushed peppermints

small box raisins

#### Directions:

Mix oats, water, and honey.

Microwave for 2 minutes.

Add shredded apple, brown sugar, crushed peppermints, flour, and raisins.

Place back in microwave for 2 more minutes.

Preheat oven to 375 degrees.

Pour mixture into a greased muffin tin. Put in oven for about 15 minutes or until lightly golden brown. Note: the muffins do not rise



